Contact: [key point of contact]   FOR IMMEDIATE RELEASE
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[Website]

POET LAUREATE EMERITA AT [PLACE]
Coming Home to Poetry

Wyatt Townley, Poet Laureate of Kansas Emerita, will give a poetry reading at [time, date] at [place/address], sponsored by [organization].

Called "Coming Home to Poetry," the program explores "home" from micro to macro: what is home, where is home, and how does it intersect with poetry? Townley will read from her new book, *Rewriting the Body*, as well as the work of other poets on the theme.

"The body is our mobile home," says Townley. "Like poetry, it's portable. It's the poem we've been writing all our lives, and we rewrite it with every breath."

Townley's books include four collections of poetry: *Rewriting the Body*, *The Breathing Field*, *Perfectly Normal*, and *The Afterlives of Trees*, a Kansas Notable Book and winner of the Nelson Award.

Her work has been read by Garrison Keillor on NPR, featured in US Poet Laureate Ted Kooser's "American Life in Poetry," and published in journals including *The Paris Review*, *Nimrod*, *North American Review*, *Pleiades*, *New Letters*, *Prairie Schooner*, *The Common*, and *The Yale Review*.

Townley has led something of a dual life. A former dancer turned yoga teacher, she has written books on both subjects. She is the founder of Yoganetics®, a therapeutic system developed over decades of teaching, now practiced on six continents. Her book on the method, *Yoganetics* (HarperCollins), was selected an Editor's Choice by *Yoga Journal*.

These days, Townley says her two paths of poetry and poetry-in-motion have fused. "I write often on the theme of body-as-home, and I teach yoga as a means of achieving a poetic state. As far as I'm concerned, it's all poetry."

In her two-year term as Kansas poet laureate, she edited a syndicated poetry column, "HomeWords," and travelled 10,000 miles giving programs across the state.

Her mission remains two-fold: to bring people home to poetry and poetry home to people.

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